



ALLERGEN DOCUMENT
DOCUMENT UPDATED 10/02/2022

WARNING

If you have an allergy you MUST make staff aware when placing your order.

















Whilst every precaution is taken to prevent cross contamination, if we are aware of an allergy or dietary requirement we can ensure your order is handled and prepared with your requirements at the forefront of our team members' minds.

























For pizzas, we use different cutters for meat, fish, gluten free, vegan and lactose free, but many of our fryers are used to cook various allergen containing products. We can use an allergen free fryer if requested, but **you MUST make us aware of your requirements when placing your order**. The allergen details below are correct ONLY if you make us aware of your requirements.

If you order online, there is a box for comments at the checkout.

If you have any queries or questions, please don't hesitate to call us on 01529 300009.

Gluten Free Lactose Free Vegetarian Vegan

| Pizza Bases | | | | | |
|---|---|---|---|---------------------------|---|
|  |  |  |  | Pizza Dough (Standard) | WHEAT flour, Salt (Anticaking Agent - Sodium Ferrocyanide), Sugar, Rapeseed Oil, Dried Yeast (Sorbitan Monosterate, Absorbic Acid), Water |
|  |  |  |  | Pizza Dough (Gluten Free) | Water, Rice Flour, Tapioca Flour, Potato Flour, Potato Starch, Modified Rice Starch, Olive Oil, Sugar, Fresh Yeast, Salt, Thickener (Xanthan Gum), Cultured Brown Rice |
| Cheese | | | | | |
|  |  |  |  | Regular Cheese | 60% Mozzarella Vegetable Oil & MILK Protein Blend (Mozzarella 20%, Palm Oil, MILK Protein, Modified Starch, Emulsifying Salt [E331], Acidity Regulator [E330], Colour [E160A], Mozzarella 20%, Anti Caking Agent [Potato Starch]. |
|  |  |  |  | Vegan Style Cheese | Water, Coconut Oil (24%) ,Modified Starch (Potato & Corn), Starch (Corn), Sea Salt, Flavouring, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12 |

| Pizza Sauces | | | | | |
|---|---|---|---|-------------------------|--|
|  |  |  |  | American Mustard | Water,Spirit Vinegar,Ground MUSTARD Seed (14%),Salt,Spices,Natural Flavourings,Colour (Paprika Extract) |
|  |  |  |  | BBQ Pizza Sauce | Water, Tomato Concentrate, Sugar, Modified Starch, Mango Puree, Acid: Acetic Acid, Salt, Colour (E150d), Garlic Powder, Smoke Flavourings, Preservative (Potassium Sorbate), Sweetener (Sucralose). |
|  |  |  |  | Burger Relish | Water, Sugar, Gherkins (A19%), Tomato Paste (16%), Spirit Vinegar, Diced Red and Green Bell Peppers (5%), Cauliflower, Modified Maize Starch, Diced Carrots, MUSTARD Seed, Dried Onion, Salt ,Garlic Powder, White Pepper, Gherkins contain: Gherkin, Water, Acidity Regulator (Acetic Acid), Salt, Stabiliser (Xanthan Gum), Firming Agent (Calcium Chloride), Cauliflower contains: Cauliflower, Water, Salt, Acidity Regulator (Acetic Acid), Firming Agent (Calcium Chloride) |
|  |  |  |  | Garlic & Parsley Spread | Vegetable Oils, Garlic (14.1%), Water, Salt, Parsley, Emulsifier (E471), Natural Colour (Beta Carotene), Natural Butter Flavour, Vitamin A, Vitamin D |
|  |  |  |  | Hot Chilli Pizza Sauce | Tomatoes, Salt, Crushed Dried Chillies |
|  |  |  |  | Tomato Pizza Sauce | Tomatoes, Salt |

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| Dips | | | | | |
|------|---|---|---|--------------------|--|
| ✓ | ✓ | ✓ | ✓ | BBQ | Water, Sugar, Vinegar, Tomato Paste, Modified Maize Starch, Salt, Onion Powder, Garlic Powder, Acetic Acid, Spices, Potassium Sorbate, White Pepper, Colour E150c |
| ✓ | ✓ | ✓ | ✗ | Garlic & Herb | Rapeseed Oil, Water, Sugar, Vinegar, EGG Yolk Powder, Salt, Garlic Powder, Acetic Acid, Xanthan Gum, Potassium Sorbate, Parsley, Rosemary Extract, MUSTARD powder |
| ✓ | ✓ | ✓ | ✓ | Sweet Chilli | Water, Glucose, Sugar, Vinegar, Tomato Paste, Salt, Thickener (Modified Maise Starch), Garlic Puree, Dried Chillies, Stabiliser (Xanthan Gum), Red Bell Peppers, Preservative (Potassium Sorbate), Spices, Paprika Colour (E160c) |
| ✓ | ✓ | ✓ | ✓ | Peri Peri | Water, Chillies, Salt, Thickener (Modified Maize Starch), Minced Onion, Acidity Regulator (Acetic Acid E260), Lemon Juice, Rapeseed Oil, Dried Onions, Stabiliser (Xanthan Gum) Preservative (Potassium Sorbate), Garlic Powder, Herbs, Colour (E160c) |
| ✓ | ✗ | ✓ | ✗ | Sour Cream & Chive | Rapeseed Oil, Water, Skimmed MILK Powder, Sugar, Lactic Acid, EGG Yolk Powder, Salt, Acetic Acid, Stabiliser (Xanthan Gum), Dried Chives, Preservative (Potassium Sorbate), Antioxidant (Rosemary Extract) |
| ✓ | ✓ | ✓ | ✓ | Very Hot Chilli | Water, Crushed Chillies, Acetic Acid, Chilli Powder, Salt, Stabiliser (Xanthan Gum) |

























| Pizza Toppings | | | | | |
|----------------|---|---|---|--------------------|--|
| ✗ | ✓ | ✗ | ✗ | American Sausage | Pork (77%), Breadcrumbs, (WHEAT Flour, Water, Salt, Yeast), Pork Fat, Herbs, Spices, Salt, Sugar. |
| ✓ | ✓ | ✗ | ✗ | Bacon | Streaky Bacon, Salt, Antioxidant E301, Preservative E250 |
| ✓ | ✗ | ✗ | ✗ | BBQ Chicken Breast | Chicken Breast, Starch, Maltodextrin, MILK Protein, SOY Protein, Salt, Skimmed MILK Powder, Sugar, Thickener: Carrageenan, Stabilizers: Sodium, Water, Tomato Concentrate, Sugar, Modified Starch, Mango Puree, Acid: Acetic Acid, Salt, Colour (E150d), Garlic Powder, Smoke Flavourings, Preservative (Potassium Sorbate), Sweetener (Sucralose). |
| ✗ | ✓ | ✗ | ✗ | Beef Burger | Beef (85%), Beef Fat, Textured SOYA Protein, Dextrose, WHEAT Gluten, WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Stabiliser: Triphosphates, EGG White Powder, Salt, Onion Powder, Yeast Extract, Flavouring |
| ✓ | ✓ | ✗ | ✗ | Chicken Breast | Chicken Breast Fillet (96%), Dextrose, Potato Starch, Salt, Acidity Regulator (Sodium Bicarbonate) |

| Gluten Free | Lactose Free | Vegetarian | Vegan | | |
|-------------|--------------|------------|-------|---------------|---|
| ✗ | ✗ | ✗ | ✗ | Chicken Tikka | 94.3% Cooked Chicken, Water, Salt, 5,7% Yellow Tikka Glucose Syrup (GLUTEN), Salt, Spices, Natural Flavours, Aromatic Plants, YOGHURT Powder (MILK), Rice Starch, Malt Extract. |
| ✓ | ✗ | ✗ | ✗ | Chorizo | Pork, Salt, Red Paprika, Lactose (Milk), Sugar, Dextrose, Dextrine, Milk Protein, Garlic, Stabilizer (E450), Antioxidants (E331, E301), Spices, Paprika Extract, Preservatives (E250, E252), Colouring Agent (E120) |
| ✓ | ✓ | ✗ | ✗ | Ham | Pork (80%), Water, Salt, Honey, Dextrose, White Sugar, Potato Starch, Stabilisers (E450, E451), Antioxidant (E301), Preservative (E250). |
| ✓ | ✓ | ✓ | ✓ | Jalapenos | Jalapeno Peppers, Water, Vinegar, Salt, Calcium Chloride |
| ✗ | ✗ | ✗ | ✗ | Kebab | Meat Content 90% (50% Lamb, 30% Beef, 15% Chicken, 5% Beef Fat), Water, Onions, Whole MILK , Rusk (WHEAT , Salt), SOYA , Maize Starch, Flavour Enhancer: E621, Stabiliser: E450, Mixed Spices, Citrus Fibre, Dextrose, MUSTARD . |
| ✓ | ✓ | ✗ | ✗ | Meatballs | Pork and Beef 70% (55% Pork, 15% Beef), Onions, Potatoes, Potato Starch, Potato Flakes, Potato Fibers, Sugar, Salt, Dextrose, Beef Stock, Natural Aroma, Spice Extract, Cooked in Rapeseed Oil |
| ✓ | ✗ | ✗ | ✗ | Pepperoni | Pork, Salt, MILK powder, Spices, Antioxidant (Absorbic Acid), Preservatives (Potassium Nitrate, Sodium Nitrite), Lactic Starter Cultures |
| ✓ | ✓ | ✓ | ✓ | Pineapple | Pineapple, Water, Sugar, Acidity Regulator (Citric Acid) |
| ✓ | ✓ | ✗ | ✗ | Pulled Pork | 100% pork |
| ✓ | ✓ | ✗ | ✗ | Salami | Pork (84%), Pork Fat, Salt, Potato Starch, Dextrose, Spices, Glucose Syrup, Garlic, Antioxidant (E301) Starter Culture, Preservative (E250), Colour (E120). |
| ✗ | ✓ | ✗ | ✗ | Spicy Beef | Beef (82%), Water, Breadcrumbs (WHEAT flour, Water, Salt, Yeast), Salt, Spices, Dextrose, Dried Vegetables, Herbs |
| ✓ | ✓ | ✗ | ✗ | Steak | 100% beef |



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| Side Orders | | | | | |
|-------------|---|---|---|---------------------------|--|
| ✓ | ✓ | ✓ | ✓ | Fries | Grade A Potatoes, Palm Oil |
| ✗ | ✓ | ✓ | ✓ | Curly Fries | Potatoes (81%),Sunflower Oil, WHEAT flour, Salt, Modified Starch, Spices (Black Pepper, Chilli Pepper), Garlic Powder, Onion Powder, Raising Agents (E450(I)(E500(ii) Yeast Extract, Spice Extracts(Paprika, Black Pepper)Dextrose. |
| ✗ | ✓ | ✓ | ✓ | Beer Battered Onion Rings | Onion (40%), Wheat Flour, Sunflower Oil, Water, Starches (Maize Starch, Wheat Starch, Tapioca Starch), Beer (3%) (Barley), Salt, Dextrose, Yeast, Raising Agents (Diphosphates, Sodium Bicarbonate), Thickeners (Carrageenan, Guar Gum) |
| ✗ | ✗ | ✓ | ✗ | Mozzarella Sticks | Mozzarella CHEESE (MILK) (50%), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, SOYA Flour, WHEAT Starch, Potato Starch, Salt, Stabiliser: Methyl Cellulose; Cheese Powder (MILK), Yeast, Raising Agents: Diphosphates, Sodium Carbonates; Dried Parsley, Emulsifier: Mono- And Diacetyl Tartaric Acid Esters Of Mono- And Diglycerides Of Fatty Acids; Flour Treatment Agent: Ascorbic Acid. |
| ✗ | ✗ | ✓ | ✗ | Chilli Cheese Nuggets | Processed CHEESE (31%) (Cheddar CHEESE (MILK) , Water, Butterfat (MILK), MILK Protein, Whey Powder (MILK), Emulsifying Salt (E331), Salt, Natural Colours (Beta Carotene, Paprika Extract), Waxy Maize Starch), Batter (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, WHEAT Starch, Salt, Raising Agents (E450, E500, E503), Skimmed MILK Powder, Stabiliser (E464), Colour (Paprika Extract), Yeast, Sunflower Oil), Water, Bell Peppers (10%), Sunflower Oil, Jalapeno Peppers (4%) |
| ✓ | ✓ | ✓ | ✓ | Hash Brown Fries | Potatoes (74%), Rapeseed Oil (9%), Dried Potato Flakes, Rice Flour, Flaked Rice, Maize Starch, Salt, Dried Onion, Dextrose, Sea Salt, Potato Starch, White Pepper Powder, Antioxidant: Citric Acid; Sugar, Onion Powder, Sunflower Oil, Lovage, Turmeric, Mace. |
| ✗ | ✓ | ✗ | ✗ | Chicken Breast Strips | Chicken 57%, Water, WHEAT Flour, Tapioca Starch, Palm Oil, Salt, Corn Starch, Modified Tapioca Starch (Contains Vegetable Oil (Coconut Oil, Palm Oil, Perilla Oil)), Non-hydrogenated Palm Shortening, Sugar, Yeast, SOYA Flour, Thickeners (Xanthan Gum, Guar Gum), Raising Agents (Disodium Pyrophosphate, Sodium Bicarbonate) |
| ✗ | ✓ | ✗ | ✗ | Popcorn Chicken | Chicken (64%), Wheat Flour, Breadcrumbs (WHEAT Flour, Sugar, Soy Flour, Soybean Oil, Salt, Colour (Caramel), Yeast), Water, Refined Palm Oil, Spices & Spice Extracts (Onion, Garlic, Black Pepper, White Pepper, CELERY), Salt, Sugar, Modified Tapioca Starch, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Yeast Extract (Contains Salt), Dextrose, Thickener (Guar Gum), Stabiliser (Sodium Tripolyphosphate), Vegetable Shortening (Non Hydrogenated Palm Oil), Colour (Paprika Extract). |













Gluten Free Lactose Free Vegetarian Vegan

| Gluten Free | Lactose Free | Vegetarian | Vegan | | |
|---|---|---|---|--------------------------|--|
|  |  |  |  | Hot Wings | Chicken Wings, Salta, Dried Glucose Syrup (WHEAT), Sugar, altopdextrin, Maize Starch, Spices (Tomato Powder, Chilli Powder, Ground Black Pepper, Ground Coriander, Ground Cumin, Garlic Powder, Onion Powder, Chilli Flake), Dried Rubbed Parsley, Chilli Flavour, Thickener (Guar Gum), Stabiliser (Carrageenan, Potassium Diphosphate), Acidity Regulator (Sodium Citrate), Hydrolysed Vegetable Protein (SOYA , Sunflower Seed Oil). |
|  |  |  |  | BBQ Wings | Chicken Wings, Salt, Dried Glucose Syrup (WHEAT), Sugar, Maize Starch, Maltodextrin, Spices (Tomato Powder, Onion Powder, Ground Paprika, Ground Black Pepper, Garlic Powder, Chilli Powder), Yeast Extract, Smoke Flavours, Colour (Caramel Powder), Citric Acid, Thickener (Guar Gum), Spice Extract (Paprika), Stabiliser (Carrageenan, Sodium Diphosphate), Acidity Regulators (Sodium Citrate, Sodium Diacetate), Hydrolysed Vegetable Protein (SOYA, Sunflower Seed Oil), Anti- Caking Agent (Silicon Dioxide). |
|  |  |  |  | Tater Puffs | Potatoes, Sunflower Oil, Starch, Onions, Potato flakes, Salt, Fibre of pea, Dextrose, Flavouring (Onion extract), Pepper. |
|  |  |  |  | Mesquite Wings | Chicken Wings (95%), Potato Starch, Spices: Black Pepper, Garlic Powder, Onion Powder, Paprika, Salt, Maltodextrin, Modified Maize Starch, Pea Fibre, Smoked Maltodextrin, Smoke Flavouring, Acidity Regulator: Citric Acid, Colour: Extract of Paprika, Sweetener: Sucralose, Chilli Pepper Extract |
|  |  |  |  | Breaded Garlic Mushrooms | Mushrooms (51%), Wheat Flour (Wheat Flour , Calcium, Iron, Thiamin, Niacin), Water, Vegetable Oils (Sunflower, Olive, Rapeseed), Potato Dextrin, Potato Starch, Egg Albumen, Salt, Garlic Powder, Yeast, Sugars, Flavouring (With Milk), Raising Agents (E450, E500), Onion Extract, Black Pepper Extract |
|  |  |  |  | Potato Wedges | Potatoes 95%, Sunflower Oil, Modified Potato Starch (E1412), Salt, Mixed Spices, Vegetable Powder, Dextrin, Rice Flour, Flavour, Processing Aid: Stabiliser E450i |

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| | | | | Desserts | |
|---|---|---|---|---------------------------------------|--|
|  |  |  |  | Ben & Jerry's Chocolate Fudge Brownie | CREAM (MILK) (25%), water, sugar, condensed skimmed MILK , cocoa powder, WHEAT flour, fat-reduced cocoa powder, fully refined soybean oil, free range EGG yolk, invert sugar, EGG , dried EGG white, stabilisers (guar gum, carrageenan), salt, vanilla extract, malted BARLEY , raising agent (sodium bicarbonate). Sugar, cocoa vanilla: mass balance is used to match Fairtrade sourcing, total 28%. |
|  |  |  |  | Ben & Jerry's Phish Food | Water, CREAM (20%), sugar, glucose syrup, condensed skimmed MILK , cocoa powder, coconut oil, fat reduced cocoa powder, sweetened condensed skimmed MILK , MILK fat, free range EGG yolk, EGG white, vanilla extract, stabilisers (guar gum, pectin, carrageenan), emulsifier (soya lecithin), acidity regulator (sodium bicarbonate), salt, natural vanilla flavour. may contain nuts. sugar, cocoa, vanilla: traded in compliance with fairtrade standards, total 23% |
|  |  |  |  | Ben & Jerry's Cookie Dough | CREAM (MILK) (27%), water, condensed skimmed MILK , sugar, WHEAT flour, brown sugar, free range EGG yolk, BUTTER , vegetable oils (soybean, coconut), whole EGG , cocoa mass, fat reduced cocoa powder, molasses, vanilla extract, stabilisers (guar gum, carrageenan), cocoa butter, natural BUTTER flavouring, salt, natural vanilla flavouring, emulsifier (SOY lecithin). Sugar, vanilla, cocoa, traded in compliance with Fairtrade Standards, total 21% |

| | | | | Vegan Toppings | |
|---|---|---|---|--------------------------------------|--|
|  |  |  |  | Vegan/Lactose Free Cheese Substitute | Water, Coconut Oil (24%) ,Modified Starch (Potato & Corn), Starch (Corn), Sea Salt, Flavouring, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12. |
|  |  |  |  | Vegan Meaty Balls | Rehydrated Textured Soya Protein (57%), Onion Purée (9%), Onion (6%), Rapeseed Oil, Water, Potato Flake, SOYA Protein Concentrate, Yeast Extract, Chickpea Flour, Tomato Purée, Stabiliser: Methyl Cellulose; Parsley, Garlic Purée, Onion Powder, Potato Starch, Maltodextrin, Sage, Garlic Powder, Salt, Malted Barley Extract, Dextrose, Sea Salt, Carrot Powder, Black Pepper, White Pepper, Tomato Powder, Flavouring, Onion Extract, Parsley Extract, Turmeric Extract. |
|  |  |  |  | Vegan Chicken | Rehydrated Textured SOYA Protein (63%), Rapeseed Oil, Onion Purée, Chickpea Flour, Stabiliser: Methyl Cellulose; Rice Flour, Lemon Juice, SOYA Protein Concentrate, Yeast Extract, Salt, Onion Powder, Garlic Powder, Maltodextrin, Flavouring, Black Pepper. |

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|---|---|---|---|---------------------|---|
|  |  |  |  | Vegan Shredded Duck | Rehydrated Textured SOYA and WHEAT Protein (89%) (Water, SOYA Protein, WHEAT GLUTEN , Salt, SOYA Bean Oil, Natural Flavouring), Seasoning [Granulated Sugar, BARLEY Malt Vinegar Powder, Potato Starch, SOYA Sauce Powder (Soya and Wheat), Tomato Powder, Yeast Extract, Caramelised Sugar, Garlic Powder, Spices (Ginger, Fennel, Black Pepper, Aniseed, Cinnamon, Clove), Salt, Malted BARLEY Extract, Natural Flavouring, Colour: Paprika Extract], Rapeseed Oil, Malted Barley Extract |
|  |  |  |  | Vegan Sausage | SOYA Rehydrated textured protein (70%), water, rapeseed oil, SOYA protein concentrate, seasoning (SULPHITES) (dextrose, salt, flavouring, onion powder, yeast extract, colour: red iron oxide), fortified WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), stabiliser: methyl cellulose; tomato purée, salt, raising agent: ammonium carbonates. |
|  |  |  |  | Vegan Bacon | Rehydrated SOYA protein [92%], Natural Flavourings, Vinegar, Salt, Flavouring, Maltodextrin, Smoke Flavourings, Water, Colour (Iron Oxide), Vitamins & Minerals (Iron, Vitamin B12) |

